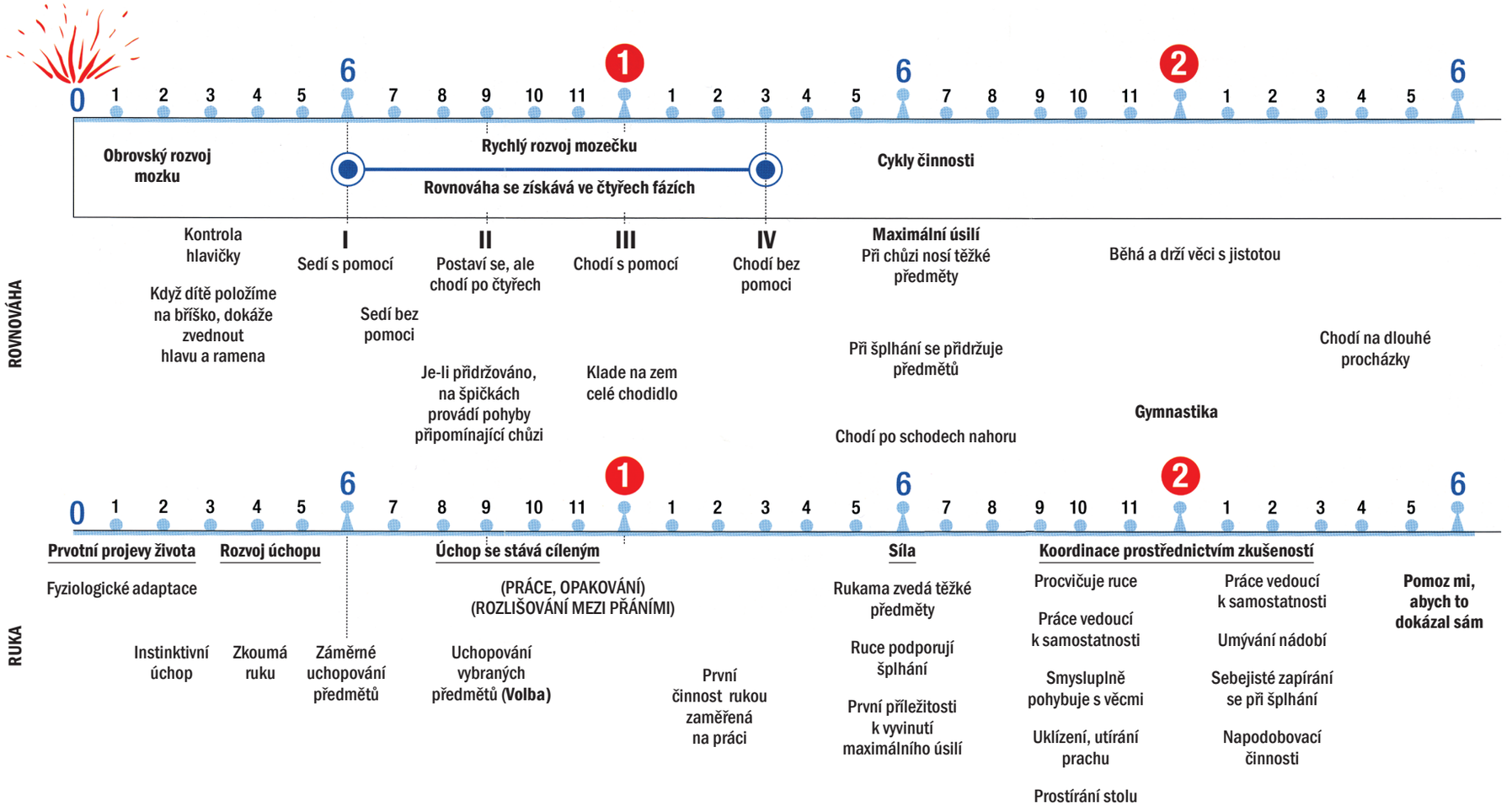Rozvoj pohybu